

SUSHI ROLLS

\$ 2.6

Chicken Teriyaki
Cooked Tuna
California
Salmon
Vegetarian
Spicy Tuna
Avocado
Teriyaki Beef
Chili Beef
Prawn & Avocado
Sweet Chili Chicken
Chicken & Avocado
Crumbed Chicken
Crumbed Chicken with Katsu Sauce



ROTI ROLLS

\$ 9.0

Crumbed Chicken with Chili Jam
Chicken Parma
Curry Beef
Chili Beef
Chicken, Cheese & Avocado
Falafel with Hummus
Crumbed Chicken with Garlic Aioli
Curry Veg
Spicy BBQ Beef
Sweet & Sour Chicken
Lime & Coriander Beef



For all our products descriptions
and information visit our website:
www.hollisushi.com.au

RICE PAPER

\$ 5.0



Chicken
Vegetarian
Sweet Chili Chicken
Prawn
Beef
Duck

YOGHURT CUPS

\$ 4.0



Fruit & Muesli:
Mango & Passionfruit
Peach & Mango
Mixed Berry
Vanilla

NOODLE POTS

\$ 6.0



Stir fry Hokkien Noodles
with mixed vegetables
in our special house
made sauce with:
Chicken
Vegetarian
Beef

HOT MEALS

\$ 8.5



Stir Fry Beef Lime & Coriander
Chicken Parma
Curry Beef & Rice
Curry Veg & Rice
Satay Chicken/Beef
Red Thai Curry Chicken/Beef



TAKE AWAY

SUNDAY-FRIDAY

9.00 - 4.00

13 Centreway
Keilor East VIC 3033

Ph: 9336 0205
sales@hollisushi.com.au
www.hollisushi.com.au



@hollisushi



Hollisushi & Smoothies

SMOOTHIES

SUPER HEALTHY BLENDS \$ 9.5

Blue Majik

E3 Live Blue Majik powder, coconut milk, banana, pineapple, coconut yoghurt topped with coconut & mint

Choc Protein

Chocolate almond milk, choc protein powder, choc coyo, banana, dates topped with cacao nibs



Super Açai

Açai, banana, strawberry, almond milk & maca

Vegan Green

Almond milk, avocado, pineapple, kiwi, apple & spirulina

Pink Coconut

Coconut milk, strawberries, raspberries, coyo topped with Goji berries & coconut

Morning Muscle Up

Banana, blueberries, milk, yoghurt, protein, oats, hemp & peanut butter

Energiser

Mixed berries, watermelon & mango, apple juice, yoghurt & maca

Low Carb/KETO

Raspberries, strawberries, almond milk, erythritol, MCT oil & ice

Anti-Inflammatory

Raspberries, blueberries, ginger, turmeric root, OJ & ice

Anti Virus

Apple, pineapple, beetroot, ginger, turmeric, lemon, manuka honey & ice

Tropical Strength

Mango, banana, passionfruit, coconut yoghurt, coconut milk & protein

Healing Hemp

Strawberries, banana, almond milk, rice malt syrup, flaxseeds & hemp seeds

Deep Purple Açai

Açai, blueberries, raspberries, apple juice & ice

FRUIT BLENDS

\$ 8.5

Berry Much

Mixed berries, apple juice, berry sorbet & yoghurt

Mango Passionfruit Chill

Mango, passionfruit, apple juice, ice & mango sorbet



Lemon Delicious

Whole lemon, lemon juice, orange juice, lemon sorbet, ice & ice cream

Wicked Watermelon

Watermelon flesh & juice, raspberries, apple juice, ice & berry sorbet

Classic Banana

Banana, milk, yoghurt & honey

Dragon Fire

Pink dragon fruit, raspberries, apple juice & banana

C Breeze Squeeze

Strawberries, raspberries, orange juice, ice & berry sorbet

Mango Lassi

Mango, milk, yoghurt, cardamom & mint

Avocado Lover

Avocado, banana, milk, yoghurt, honey & ice

Caribbean Calmer

Banana, pineapple, mango, coconut milk, yoghurt & ice

Summertime Blues

Blueberries, mango, pineapple, ice, apple juice & mango sorbet

FRESH JUICE

\$ 7.5

Sweet OJ

100% oranges

Green Day

Apple, cucumber, ginger, lime, celery

Immune Boost

Beetroot, celery, carrot, ginger, orange

Refresh Me

Orange, pineapple, watermelon, apple, mint

Triple C

Carrot, celery, cucumber

Energise Me

Carrot, apple, lemon, ginger

Detox Me

Beetroot, carrot, apple, OJ, lemon

Customize Me

Make your own out of any of our fruits & veg

BOWLS

AÇAÍ

\$ 13.5

Super Açai

Açai blended with banana, coconut water topped with granola, dragon fruit, coconut & raspberries



Choc Power

Açai blended with banana, cacao & choc almond milk topped with raspberries, choc granola, coconut, pepitos & PB drizzle

Mint

Açai blended with banana, mint & coyo topped with strawberries, raspberries, coconut, hemp seeds & mint

Apple Cinnamon

Açai blended with apple flesh, apple juice topped with sliced apple, granola, grapes, chia & yoghurt



SMOOTHIE

\$ 13.5

Blue Majik

Coconut yoghurt, banana, passionfruit topped with coconut, dragon fruit, blueberries, chia & crushed macadamia nuts

Choc Bliss

Choc coyo, cocoa powder, avocado, banana, dates, choc almond milk topped with choc, granola, blueberries, banana, cacao nibs, peanut butter & chopped pistachios

Turmeric

Mango, orange, turmeric, banana, coyo topped with banana, granola, coconut, hemp seeds & mint

In the tropics

Mango, pineapple, banana, coconut milk topped with passionfruit, granola, coconut, mango, kiwi, almonds & maca powder

Pink Dragon

Pink dragon fruit, coconut water topped with dragon fruit, coconut, yoghurt, almonds, pepitos & mint

Celebrate Green

Mango, banana, spinach, coconut water, mint, kiwi, spirulina topped with kiwi, goji, flax seeds & mint